Unwanted Hair Sucks.

Epilators, hair removal and smooth-skin routines

Honest epilator guides, plain-English answers and printable routines, so you can skip the research rabbit hole and get on with your day.

Does it hurt?Wet or dry?Is it worth it?

Start here

Pick the Thing You're Trying to Sort Out

Epilators, Explained

How to use one, whether it hurts, wet or dry, and what to do afterwards.

Creams and the Nair Question

How long creams take, how to avoid a bad reaction, and when to skip them.

Shaving and the Basics

The everyday stuff, minus the myths: razors, regrowth and skin that gets cranky.

Latest epilator guides

Straight Answers, No Fluff

Free printables and tools

Checklists, Planners and Calculators

Who's behind this

Researched by Someone Who Actually Uses This Stuff

I've spent thousands of hours researching and trying out different hair removal methods. I'm a long-time home epilator user and a former licensed massage therapist, not a doctor, so nothing here is medical advice. What you get is the research and the trial and error, without having to do it yourself.

More to read

Creams, Shaving and Hair Care